Safe Spaces
Church-related Abuse Service

0300 303 1056

Safe Spaces is a free, independent service for adults who have experienced abuse by someone in the Church.

This includes abuse linked to:

- The Church of England
- The Catholic Church in England and Wales
- The Church in Wales

Safe Spaces offers emotional support, practical help, and advocacy to adults aged 18 and over, whether the abuse happened recently or many years ago.

Support may include

- Emotional support
- Space to be heard
- Support and advise you
- Be non-judgmental
- Keep everything confidential
- Advocacy on your behalf
- Online support with meetings or appointments
- Information about compensation
- Signpost for other services
- Help understanding safeguarding, reporting, or criminal justice

SCAN TO LEARN MORE
or visit
www.safespacesenglandandwales.org.uk/

You are believed, and you stay in control of every step.