

Lent 2026

Learning to Dance by Michael Mayne

In the course of this book, Mayne takes us through the year, introducing topics and guiding us to think widely and deeply about such things as faith, suffering, death and so on. As the blurb says: *'...he creates a magical weave of poetry, science, and spirituality, touching on the longings, doubts and hopes of all of us.'* He has an intelligent and humane approach providing much food for thought.



In our Lent program I am proposing that we use the “synodal” style of conversations in the spirit. On the School for Synodality website it says, “Conversation in the Spirit’, ..., is an ancient practice of the Church and a key tool of Synodality. A prayerful method, it allows for space for the spirit as well as voices usually not heard and can be used for faith sharing, difficult conversations, or when lots of creativity or ideas are needed.

Conversation in the Spirit is a strangely practical art. It relies on good communication – being able to hear and understand one another. It can be an excellent tool to ground any conversation in the Spirit, open us to new voices and possibilities, and move us to action when appropriate.”

We will meet up in the **Parish Centre at 5.30** on each **Sunday of Lent** for roughly 1.5 hours. We shall divide up into groups of about 6 to discuss some of the chapters of the book and how it impacted us. Tea and coffee will be available. **Please arrive in good time to be settled having read the appropriate material.**

22 February Learning to converse in the Spirit – an introduction to synodality

1 March March - The Stillness at the Dance’s Centre

8 March August - Dancing in the Dark

15 March September - The Dance of Forgiveness

22 March November - The Dance of Faith

Things you will need:

1. A copy of the book – if you cannot obtain one a pdf of the chapter will be available.
2. To give time to read it – at least the chapters we will be looking at
3. Time to come together to discuss it
4. An open heart and mind and an ability to listen

If you would like to participate please complete this tear off slip and give it to the Parish office, or send an email to: bognor@abdiocese.org.uk



LENT PROGRAM 2026

Name:

Telephone Number:

Email address: