

## 4<sup>TH</sup> WEEK OF ADVENT 2020

Here are Advent Resources to help you to access the Readings for each Sunday in Advent and to ponder on them during the week.

There are also Readings and suggestions for the final few days before we celebrate the Birth of Jesus.

Make this time with God's Word a special time for yourself.

### **REFLECT ON THE SCRIPTURE**

What words or phrases were you drawn to when you read the scripture?

What are those words or phrases saying to you at this time?

How does it make you feel?

What do you feel prompted to do in response to this scripture?

### **RESPOND WITH PRAYER:**

Who do you want to pray for?

What do you want to talk about with God?

Pray one decade of 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> Joyful Mysteries of the Rosary.

Respond with prayer in other ways that enable you to communicate with God.

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### **DO SOMETHING:**

Send a letter, note, voicemail, email or text to someone.

Contact someone who you think might be struggling, lonely or bereaved.

Tell someone how much you value them and why.

Light a candle for someone who does not yet know God or who cannot practise their faith for whatever reason and pray for them and keep them in your thought and prayers.

Light a candle for someone you know who has died or is ill or struggling - and keep them in your thoughts and prayers.

Create or make something which celebrates one of the gifts God has given you.

Go to a charity website of your choice to see what you could do e.g.

CAFOD: <https://cafod.org.uk/Campaign/Climate>


Jesuit Refugee Service: <https://www.jrsuk.net/what-can-i-do>

### **First reading: 2 Samuel 7:1-5,8-12,14,16**

Once David had settled into his house and the Lord had given him rest from all the enemies surrounding him, the king said to the prophet Nathan, 'Look, I am living in a house of cedar while the ark of God dwells in a tent.' Nathan said to the king, 'Go and do all that is in your mind, for the Lord is with you.'

But that very night the word of the Lord came to Nathan:

'Go and tell my servant David, "Thus the Lord speaks: Are you the man to build me a house to dwell in? I took you from the pasture, from following the sheep, to be leader of my



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people Israel; I have been with you on all your expeditions; I have cut off all your enemies before you. I will give you fame as great as the fame of the greatest on earth. I will provide a place for my people Israel; I will plant them there and they shall dwell in that place and never be disturbed again; nor shall the wicked continue to oppress them as they did, in the days when I appointed judges over my people Israel; I will give them rest from all their enemies. The Lord will make you great; the Lord will make you a House. And when your days are ended and you are laid to rest with your ancestors, I will preserve the offspring of your body after you and make his sovereignty secure. I will be a father to him and he a son to me. Your House and your sovereignty will always stand secure before me and your throne be established for ever.”

### **Responsorial Psalm: Psalm 88(89):2-5,27,29**

***R: I will sing for ever of your love, O Lord.***

I will sing for ever of your love, O Lord;  
through all ages my mouth will proclaim your truth.  
Of this I am sure, that your love lasts for ever,  
that your truth is firmly established as the heavens.

‘I have made a covenant with my chosen one;  
I have sworn to David my servant:  
I will establish your dynasty for ever  
and set up your throne through all ages.

‘He will say to me: “You are my father,  
my God, the rock who saves me.”  
I will keep my love for him always;  
with him my covenant shall last.’

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### **Second reading: Romans 16:25-27**

Glory to him who is able to give you the strength to live according to the Good News I preach, and in which I proclaim Jesus Christ, the revelation of a mystery kept secret for endless ages, but now so clear that it must be broadcast to pagans everywhere to bring them to the obedience of faith. This is only what scripture has predicted, and it is all part of the way the eternal God wants things to be. He alone is wisdom; give glory therefore to him through Jesus Christ for ever and ever. Amen.

### **Gospel: Luke 1:26-38**

The angel Gabriel was sent by God to a town in Galilee called Nazareth, to a virgin betrothed to a man named Joseph, of the House of David; and the virgin's name was Mary. He went in and said to her, 'Rejoice, so highly favoured! The Lord is with you.' She was deeply disturbed by these words and asked herself what this greeting could mean, but the angel said to her, 'Mary, do not be afraid; you have won God's favour. Listen! You are to conceive and bear a son, and you must name him Jesus. He will be great and will be called Son of the Most High. The Lord God will give him the throne of his ancestor David; he will rule over the House of Jacob for ever and his reign will have no end.' Mary said to the angel, 'But how can this come about, since I am a virgin?' 'The Holy Spirit will come upon you' the angel answered 'and the power of the Most High will cover you with its shadow. And so, the child will be holy and will be called Son of God. Know this too: your kinswoman Elizabeth has, in her old age, herself conceived a son, and she whom people called barren is now in her sixth month, for nothing is impossible to God.' 'I am the handmaid of the Lord,' said Mary 'let what you have said be done to me.' And the angel left her.