



# The Catholic Parish of Bognor Regis and Slindon

*31st May 2026 - The Most Holy Trinity - Year A*

## The Parish Team

Fr David Benedict Osborne - [david.osborne@abdiocese.org.uk](mailto:david.osborne@abdiocese.org.uk)  
Fr Tomasz Mezyk (Polish Mission) - 07771 413345

Parish Secretary: Caroline Battersby - [bognor@abdiocese.org.uk](mailto:bognor@abdiocese.org.uk)  
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Parish Safeguarding Rep: Liz Bedford - 07456 420108 / [sg1.bognor@abdiocese.org.uk](mailto:sg1.bognor@abdiocese.org.uk)  
**Please Note new email for Liz Bedford Parish Safeguarding Rep**

**The Parish Centre, Hislop Walk, Bognor Regis, West Sussex, PO21 1LP Tel: (01243) 823619**  
**Email: [bognor@abdiocese.org.uk](mailto:bognor@abdiocese.org.uk) Website: [www.bognorcatholicparish.co.uk](http://www.bognorcatholicparish.co.uk)**

## Our Churches

Our Lady of Sorrows, Clarence Road, Bognor Regis, PO21 1JX  
St Anthony of Viareggio, Gossamer Lane, Bognor Regis, PO21 3DD  
St Richard of Chichester, Top Road, Slindon, BN18 0RG

## Catholic Schools

St Mary's Catholic Primary School *Head of School Mrs Kathryn Cole B'Ed Hon NPQH*  
*Executive Headteacher: Mr Peter Edgington BA (Hons) NPQH*  
Glamis Street, Bognor Regis, West Sussex PO21 1DJ Tel: (01243) 822287 Email: [office@stmarysbognor.co.uk](mailto:office@stmarysbognor.co.uk)  
St Philip Howard Catholic School *Headteacher: Mr Tim Hulse*  
Elm Grove South, Barnham, West Sussex PO22 0EN Tel: (01243) 552055 Email: [office@sphcs.co.uk](mailto:office@sphcs.co.uk)

## An Invitation to Dance

As a Livesimply Parish, let us rejoice that Pope Leo is a strong leader in our troubled world, promoting peace through justice for the poor and marginalised and upholding and furthering the vision of Laudato Si - Pope Francis' encyclical of ten years ago. He currently is raising questions about the impact of AI on humanity and the environment. Pope Leo strongly links the 'cry of the earth' with the cry of humanity at a time when war is escalating, environmental damage increasing, the poor getting desperately poorer and wealthier countries withdrawing financial aid. Famine is increasing and often goes unreported. The rich are more powerful and increasingly dictatorial. Life threatening and possibly irreversible damage to the environment is increasing.

Many have made meaningful changes to their lifestyles, thus deepening awareness of the impact of climate change. Recycling has improved. Many buy more Fairtrade items, use eco products, walk or take the bus, recycle water, including shower water (on which my roses thrive), follow the No Mow May idea and much more. How can we all be more proactive and giving? Do we share our knowledge and ideas with others and thereby spread the message of God's love? Are we truly willing to change things in our lifestyles so that others may simply live and the planet thrive?

Today is the wonderful feast of The Most Holy Trinity. Fr Richard Rohr explains the Trinity as 'a dynamic circle dance of outpouring love which invites all humanity and creation into this eternal communion'. The Father, Creator of our wonderful universe, pours out immense love into His Son, Jesus. Jesus continuously pours that same love into all humanity and creation through the Holy Spirit who continues to pour that love into each one of us in a continuous circle dance of Divine Life. Let us rejoice and fully participate in this call to dance with and in Divine Love – that all-embracing love that is our hope.

*Gabrielle Thorpe - CAFOD Together*

<b>Saturday 30th May</b>		
St Richard's	9.30am	Nick Webber RIP
OLOS	6pm	Jill Taylor RIP
<b>Sunday 31st May</b>		<b>The Most Holy Trinity</b>
OLOS	9am*	Intentions of Elise Crespi
OLOS	11am*	People of the Parish
<b>Monday 1st June</b>		<b>St Justin</b>
OLOS		<i>No Mass</i>
<b>Tuesday 2nd June</b>		
St Anthony's	9.30am	Peter McKay RIP
<b>Wednesday 3rd June</b>		<b>St Charles Lwanga &amp; Companions</b>
OLOS	10am*	Josh Mayle & Family Intentions
<b>Thursday 4th June</b>		
OLOS	6.30pm	Wellbeing of Catherine Wells
<b>Friday 5th June</b>		<b>St Boniface</b>
OLOS	10am*	Editha Marcelino RIP & Edmundo Aduna RIP
<b>Saturday 6th June</b>		
St Richard's	9.30am	David Osborne Snr RIP
OLOS	6pm	Mavis Higgins RIP
<b>Sunday 7th June</b>		<b>Corpus Christi</b>
OLOS	9am	<i>No Mass</i>
<b>Mass in St Mary's School Field—11.15am</b>		

## *Requiem in Aeternum*



Your prayers are asked for all those who have died recently:  
**Paula Rathke RIP**

We also remember all whose anniversaries occur about this time:  
**Sr Loretta Kennedy osm, David Bond, John Moor, Jeanne Howick, Patrick Duffy, Adrian Morreale, James Brown, Maria Finneral, David Rogers, Meryn Dove, Peter Thorn, Leo Verling, Roman Kostco, James Hamilton Brown, Mavis Higgins**

### *Prayers For The Sick*

Your prayers are asked for:  
**Catherine Wells, Vivi Brooks, Pete Snook, Bridget Orfelia, Peter Brook, Fr Sebastian Paul, Joan Sheilds, Arthur Wicks, Edward Earl, Hilary Ceppa, Teresa Willcocks, Lucia Elsom, Mo Moore, Janet Smith, Baby Elliott**

*At the end of each month, this list of friends and parishioners who are sick will be brought to the altar with the prayer intentions on the Prayer Board at OLS. The new month will begin a new list.*

### **Sacrament of Reconciliation**

Is available after weekday Masses at Our Lady of Sorrows and in the half hour before the Saturday Vigil and Sunday Masses. Or, by appointment.

### **Sacrament of the Sick**

Please contact Fr David  
Tel 01243 823619

### **Adoration**

During time spent in the presence of the Lord your prayers are particularly asked for an end to the continuing conflict in the Middle East, Ukraine and in so many other places around the world.  
Please also pray for those discerning the vocation of priesthood.

### **Forthcoming Funerals**

**Our Lady of Sorrows**  
**Katy Jane Tansey RIP**  
**Thursday 11th June, 12 noon**

*Please pass these details to anyone who might like to hear so that all who wish may gather to pray.*

### **Masses in Polish**

**Saturday 6pm St Anthony's**  
**Sunday 9am St Anthony's 4pm Our Lady of Sorrows**

\*These Masses will be livestreamed on the parish website  
[www.bognorcatholicparish.co.uk](http://www.bognorcatholicparish.co.uk)

### **Mondays after 10am Mass**

**Prayers in honour of St Peregrine - Patron Saint of Cancer**

### **Adoration Our Lady of Sorrows**

Wednesdays after 10am Mass until 11.30am

### **Adoration and Rosary - St Richard's**

Wednesdays 9.30am to 10.30am

### **Adoration - St Anthony's**

Thursdays 11.30am to 12.30pm

### **Rosary - Lady Chapel Our Lady of Sorrows**

Fridays after 10am Mass

Dear Brothers and Sisters

The Solemnity of the Most Holy and Blessed Trinity used to be the octave day of Pentecost - that is to say, it fell one week after Pentecost (Pentecost no longer has an Octave but Trinity Sunday still falls 8 days later!) and so, in a very real sense, brought to a close the series of celebrations within which we have been immersed since Advent Sunday - celebrations which have had one single purpose - to help us participate in God's plan of salvation and restore us to eternal life.

We have celebrated the invitation to Blessed Mary to co-operate with grace and become the Mother of Christ in Advent. We have celebrated Christ's Nativity and his Epiphany - his revelation to the whole world of his presence and mission. We have celebrated Christ's saving ministry and witnessed his compassion for the poor and outcast and his critique of religious norms for which he paid with his life. We have celebrated his passion, death and resurrection and, also, his Ascension to his Father. Last week brought us to the amazing point where we realise that through our faith and participation in the sacraments and life of the church we now participate directly in God's own life through the Spirit which has been "poured into our hearts."

We see that this is all the work of the One God, but have now to adjust our mindset because, also, we now understand that God is more complex than we thought - for the Son is God and so is the Spirit. But neither is the Father and each are themselves, uniquely and completely but yet all One God who makes himself known as Father, Son, and Holy Spirit. Blessed Trinity of One God in three persons.

We won't be able to fully comprehend this Mystery but we will be able to edge closer to the Truth little by little as each day we live out the "wondrous mystery" of God and of how we are, through our Christian and Catholic faith, caught up in this mystery and even now participators of, and in, and through God. Richard Rohr describes it like a dance - not just that we dance with God but that the Trinity is the dance we dance!

There, that should give you some pause for thought. But first of all just accept it and the rest will follow. (It's like learning to dance after all!)

With my fond best wishes and prayers

Fr David Benedict



### **Corpus Christi - Sunday 7th June, St Mary's School Field, 11.15am**

To celebrate Corpus Christi, you and your family and friends are invited to an open-air Mass in St Mary's School field, followed by a bring and share picnic and fun activities. This is a brilliant opportunity to share your faith at a lively and fun church event.

Mass will begin at 11.15am, finishing with a recessional procession of the Blessed Sacrament and Adoration. Don't forget to bring a dish to share and a chair! (*Seating for the less able parishioners will be available on the day*)

### **Arundel Cathedral Corpus Christi celebrations**

#### **Invitation to give an HOUR to spend time with Jesus, our Eucharistic Lord...**

Watchers of Adoration and Intercession in the Blessed Sacrament Chapel are needed throughout the days of Wednesday June 3rd and Thursday June 4th, in preparation for the solemn Mass of Corpus Christi. You are invited to silently pray before the Tabernacle for the mission of the Arundel Corpus Christi celebrations, for all those involved in preparing and leading it, and for the intentions of all who will attend. The hope is for at least two people of Adoration each hour.

An advance sign up Rota has been prepared by Antonia Moffat so that individuals, parish groups, religious, deacons, and priests from the Diocese and beyond, might sign up for an hour, on the hour, from 10am to 7pm on Wednesday & from 10am to 3.30pm on Thursday. Wednesday will be especially difficult to fill - please kindly consider! I look forward to hearing from you - [antonia4161@gmail.com](mailto:antonia4161@gmail.com) or by text to 07795192750 to sign up your hour. Jesus awaits us ...

Meanwhile if you have some other time available you might like to contact Louise Sharp in the Cathedral Office to offer help with stewarding, cake making, hospitality, and much more!

[arundel@abdiocese.org.uk](mailto:arundel@abdiocese.org.uk)

**Welcome to the Parish** If you are new to the parish or visiting on holiday please introduce yourself to one of the Welcomers in the church at the Saturday evening and Sunday Masses. They will be happy to help with introductions and any queries you may have. New parishioners can also register on the parish website: [www.bognorcatholicparish.co.uk](http://www.bognorcatholicparish.co.uk)

**Are you dealing with a bereavement? Or with another significant loss in your life?  
And would you like some support?**

The Parish Ministry of consolation team invite you to drop in to the Parish Centre for some chat, some prayer, and some refreshment, from **6pm on Thursday 4th June**

**Prayer at the Memorial to Children Lost Before Birth Sunday 21st June 4pm**

On the Bishops' Conference Day for Life there will be a short service of prayer at the Memorial at Arundel Catholic Cemetery, 6 London Road Arundel BN18 9AT to pray for all those affected by the loss of a child at or before birth and for the promotion of a culture of life. The theme this year is The Wonder of the Child in the Womb. See: <https://www.cbcew.org.uk/day-for-life/> All welcome, refreshments afterwards in the hall.

**CAFOD Plant Sale - Change of Date**

Due to the outdoor Mass for Corpus Christi on 7th June **the CAFOD Plant Sale will now take place on Sunday 14th June after both the 9am and 11am Masses.** We look forward to receiving your donations of all types of plants, cakes and raffle prizes and to welcoming you on the day. For further information please contact Gabrielle on 07736 814364

**Date for the Diary NICK WEBBER TRUST GARDEN PARTY:** back by popular request! on **Saturday June 20th** from 2p.m at 1, Apple Tree Walk, Clymping, BN17 5QN. More details later but keep the date now!

**Corpus Christi Evening for Young Adults at Arundel Cathedral  
Wednesday 3rd June 2026 7-9pm**

*"Open wide your hearts to allow Jesus to enter, and to set out on this adventure with him towards eternity," Pope Leo XIV, Jubilee of Youth, July 2025*

You are invited to an evening for Young Adults (aged 18-35) to gather together as part of the Arundel & Brighton Corpus Christi & Carpet of Flowers Diocesan event. The event will be hosted by the Diocesan Youth team. The evening will include Praise and Worship music, a Holy hour including time for Adoration and personal prayer and a talk on the history of the Carpet of Flowers at Arundel Cathedral. With a pub social to follow in Arundel for those who wish to join.

To sign up to this event visit: [Young Adults' Corpus Christi & Carpet of Flowers event \(03-Jun-2026\) · ChurchSuite Events](#) If you are available to volunteer as an usher or musician for this event, please email Bex Driver, Youth Project Worker E: [Bex.driver@abdiocese.org.uk](mailto:Bex.driver@abdiocese.org.uk)

**GIFT AID STATEMENTS** For the 2025-2026 are now available. To help reduce postage costs it would be appreciated if you could collect them from the Parish Office or email the parish office if you would like them to be sent by email.

**Offertory Collections April**

Offertory Plate Collections	£1,629.44
Gift Aid Envelopes	£ 442.50
Bankers Orders	£7,024.00
Contactless Machines	£ 430.00
CAF donations	<u>£ 25.00</u>
	<b>£9,550.94</b>

**Second Collection**

Easter Offering	£3,834.00
Holy Places of Palestine	£750.74
Vocations	£219.60

Many thanks to all you give to the parish. If you are eligible to Gift Aid your donation, we are able to claim an additional 25% from the Government. Since January we have received £18,385 in Gift Aid recovered from the Government. This is a valuable source of income to the Parish, if you are a UK taxpayer and wish to Gift Aid your donation forms are available in the churches, on our website or via the Parish Office, donations can be made by Standing Order or in weekly envelopes. If you have any queries please do contact the Parish office.