



# The Catholic Parish of Bognor Regis and Slindon

*1st March 2026 - Second 'Transfiguration' Sunday of Lent - Year A*

## The Parish Team

Fr David Benedict Osborne - [david.osborne@abdiocese.org.uk](mailto:david.osborne@abdiocese.org.uk)  
Fr Tomasz Mezyk (Polish Mission) - 07771 413345

Parish Secretary: Caroline Battersby - [bognor@abdiocese.org.uk](mailto:bognor@abdiocese.org.uk)  
Parish Administrator: Abigail Leggatt (for building matters) - [admin.bognor@abdiocese.org.uk](mailto:admin.bognor@abdiocese.org.uk)  
Parish Safeguarding Rep: Liz Bedford - 07456 420108 / [sg1.bognor@abdiocese.org.uk](mailto:sg1.bognor@abdiocese.org.uk)  
**Please Note new email for Liz Bedford Parish Safeguarding Rep**

**The Parish Centre, Hislop Walk, Bognor Regis, West Sussex, PO21 1LP Tel: (01243) 823619**  
**Email: [bognor@abdiocese.org.uk](mailto:bognor@abdiocese.org.uk) Website: [www.bognorcatholicparish.co.uk](http://www.bognorcatholicparish.co.uk)**

## Our Churches

Our Lady of Sorrows, Clarence Road, Bognor Regis, PO21 1JX  
St Anthony of Viareggio, Gossamer Lane, Bognor Regis, PO21 3DD  
St Richard of Chichester, Top Road, Slindon, BN18 0RG

## Catholic Schools

St Mary's Catholic Primary School *Head of School Mrs Kathryn Cole B'Ed Hon NPQH*  
*Executive Headteacher: Mr Peter Edgington BA (Hons) NPQH*  
Glamis Street, Bognor Regis, West Sussex PO21 1DJ Tel: (01243) 822287 Email: [office@stmarysbognor.co.uk](mailto:office@stmarysbognor.co.uk)  
St Philip Howard Catholic School *Headteacher: Mr Tim Hulse*  
Elm Grove South, Barnham, West Sussex PO22 0EN Tel: (01243) 552055 Email: [office@sphcs.co.uk](mailto:office@sphcs.co.uk)

## Monthly Reflection from Around the Deanery

The Sunday Gospel readings of Lent tell a story. They each tell their own story, of course, but taken together they also narrate a tale, a tale of a journey: it is the story of conversion. Lent 1 reminds us that all of us, like Christ, must struggle with temptations, these challenge us and threaten to stop us even setting out on the journey to becoming a 'new me'. Lent 3 introduces us to a Samaritan woman, who knows there is something missing in her life, but needs the Lord to help her see what it is: she longs for a fuller, richer life, to be converted to something more true and more real: 'Give me this living water'. Lent 4 introduces a man blind from birth, and the story plays with the parallel between physical and spiritual blindness: to continue on our journey of conversion we must be willing to see ourselves as we really are – no self-delusion, no deliberate turning a blind eye to the truth; Lent 5 brings us crashing into contact with death: Lazarus is gone, and his sisters are heartbroken. Jesus tells them 'I am the resurrection and the life' and asks them if they believe him. This is another leap on the road to conversion: to believe, really believe, and trust, in his promise so that we can live even now as children of eternity.

For now, though, the journey has not long begun. On this Sunday (Lent 2) we join Peter, James and John as they see Jesus transfigured. They catch a glimpse – indeed more than a glimpse, of who he really is, and they delight in the wonder of it all. This memory will drive them on, deeper into conversion, deeper into grasping new life. Let us all ask the Lord to reveal himself to us, as this will put a spring in our step as we move onwards, deeper into the mystery of conversion, becoming more and more truly a people ready to greet the Lord of Life.

*Canon Peter Newsam - Petworth and Midhurst*

<b>Saturday 28th</b>		
St Richard's	9.30am	Albert & Patricia Cook RIP
OLOS	6pm	Jeanne Lorey RIP
<b>Sunday 1st March</b>		<b>Second 'Transfiguration' Sunday of Lent</b>
OLOS	9am*	Fr Ramon RIP
OLOS	11am*	People of the Parish
<b>Monday 2nd</b>		
OLOS	10am	<b>No Mass</b>
<b>Tuesday 3rd</b>		
St Anthony's	9.30am	Fr Ken Freeman RIP
St Anthony's	6.30pm	<i>Stations of the Cross</i>
<b>Wednesday 4th</b>		
OLOS	10am*	<b>Requiem: Jacqueline Cullen RIP</b>
St Richard's	10am	<i>Stations of the Cross</i>
<b>Thursday 5th</b>		
OLOS	7pm	Margaret J Stevenson RIP
<b>Friday 6th</b>		
OLOS	<b>11am*</b>	Mass for the Election of a new Bishop
OLOS	11..30am	<i>Stations of the Cross</i>
<b>Saturday 7th</b>		
St Richard's	9.30am	Fr Ramon RIP
OLOS	6pm	People of the Parish
<b>Sunday 8th</b>		<b>Third Sunday of Lent</b>
OLOS	9am*	Mrs Desmond Pessa RIP
OLOS	11am*	Brenda Cremmen RIP

\*These Masses will be livestreamed on the parish website  
[www.bognorcatholicparish.co.uk](http://www.bognorcatholicparish.co.uk)

**Mondays after 10am Mass**  
**Prayers in honour of St Peregrine - Patron Saint of Cancer**

**Rosary - Lady Chapel Our Lady of Sorrows**  
*Will be paused during Lent*

**Adoration and Rosary - St Richard's**  
*Adoration & Rosary will be paused during Lent*

**Adoration - St Anthony's**  
 Thursdays 11.30am to 12.30pm

**Adoration Our Lady of Sorrows**  
*During Lent Adoration will be on Wednesdays after 10am Mass until 11.30am*

## ***Requiem in Aeternum***



Your prayers are asked for all those who have died recently.

We also remember all whose anniversaries occur about this time:  
**Eileen Morgan, Helen Litten, Gweniffer Thorp, Paula Faulkner, Robert Taylor, Austin Godenzi, Sabina Gaeta, Elsie Chapman, Donald McLaren, Mary Ford, Gabrielle Jenkins, Maria Parrott, Bill Dearie, Sheila Dray, Douglas Mooney, Giovanna Southam, Joan Vickers, Basil Mills, Tom Frears**

## ***Prayers For The Sick***

Your prayers are asked for:  
**Vivi Brooks, Peter McKay, Pete Snook, Peter Fraher, Tilli Polan, Bridget Orfelia Peter Brook, Fr Sebastian Paul, Dexter Greenwood, Joan Sheilds, Arthur Wicks, Edward Earl, Hilary Ceppa, Teresa Willcocks, Lucia Elsom, Mo Moore, Janet Smith, Baby Elliott, Paula Rathke**

*At the end of each month, this list of friends and parishioners who are sick will be brought to the altar with the prayer intentions on the Prayer Board at OLS. The new month will begin a new list.*

## **Sacrament of Reconciliation**

Is available after weekday Masses at Our Lady of Sorrows and in the half hour before the Saturday Vigil and Sunday Masses. Or, by appointment.

## **Sacrament of the Sick**

Please contact Fr David  
 Tel 01243 823619

## **Adoration**

During time spent in the presence of the Lord your prayers are particularly asked for an end to the continuing conflict in Gaza, Ukraine and in so many other places around the world. Please also pray for those discerning the vocation of priesthood.

## **Masses in Polish**

**Saturday 6pm St Anthony's**  
**Sunday 9am St Anthony's**  
**4pm Our Lady of Sorrows**

Dear Brothers and Sisters

The first reading reminds us that we are all pilgrims - starting with Adam and Eve, ejected from the Garden, through Abraham, the wandering Aramean, right down to ourselves. We are all in search of our "forever" home. The spiritual life is likened in many ways to these pilgrimages - an outer one, as it were, and an inner one - the movements of the spirit.

Today, in our travels we rely on many different aids to assist us - some of us still use maps and therefore have an idea of the topology, the layout of the land we are travelling in. Others rely on satnav which, ignoring almost everything else, plots an unerring line between where we are now and where we have told it we wish to go.

But life? What kind of map, or aids, do we have to show us the way?

Well, we have tradition - people who have walked this way before us. We have stories of peoples and individuals finding pathways and pioneering routes that will bring us home. Because that is what our journey is really - a journey from where we are to our true home.

Jesus, famously, said "I am the way, the truth and the life, no-one can come to the Father except through me.", giving us a pretty strong lead as to who we should trust and why.

On the mountain of the Transfiguration Jesus is revealed in his glory, as his true self, and we can forgive Peter immediately for thinking that the end of all his searching had arrived. This is it! Here we are! Let's settle down in this moment. I'll build some shelters. But the truth is not so simple, for even if the goal has been revealed the journey has not been completed. Jesus, Peter, James and John and all the other disciples, and we ourselves, must continue the journey to Jerusalem: for what has been revealed on Mount Tabor can only, finally, come to us through the Cross. Jesus must "passover" from death to life through suffering, taking our "mere" humanity with him and opening the channel of grace to bring us to our true homeland. Life with God.

Have a blessed journey.

With my love and prayers

Fr Benedict

**Are you dealing with a bereavement? Or with another significant loss in your life? And would you like some support?** The Parish Ministry of consolation team invite you to drop in to the Parish Centre for some chat, some prayer, and some refreshment, from **6pm on Thursday 6th March** (We will finish in time for Mass at 7pm).

### **World Day of Prayer - Friday 6th March**

*Local services prepared by the women of Nigeria on the theme of "I will give you rest" will take place at*

- St Richard's, Gossamer Lane, Bognor Regis PO21 3AT at 10.30am, followed by refreshments
- Westergate Methodist Church, Westergate Street, Westergate PO20 3RH at 2.30pm

All are welcome, do come and worship with your fellow Christians.

### **Bible Group**

Why not prepare for Easter with a fresh look at the Bible? For 5 Wednesday evenings in Lent, starting on **25th February at St Anthony's, Rose Green, from 7pm**. An opportunity to learn, discuss and pray the Bible, with the expert leadership of Fr Peter Coxé.

All you need to bring is a bible. For any enquiries contact Nora Courtney on 07940 555671

### **Beetle Drive—Join us for an afternoon of fun!**

A Beetle Drive is a classic, fast-paced party game that's all about fun and laughter! Perfect for all ages, it's simple to play and guarantees a lively time for everyone.

Tickets cost £3 and include a Cream Tea/Soft Drinks, kids go free. Raffle and prizes for each races winner and overall winner **Saturday 14th March**, 2pm-4pm in the Parish Centre.

## Second Collection this weekend - CAFOD Lent Fast day

You can make your Lent donation by returning the CAFOD envelope, scanning the QR code on the posters or on the contactless machines at the church entrances. If you can please consider setting up a monthly gift to help more of our neighbours long term. If you are a UK taxpayer and wish to Gift Aid your donation please use the CAFOD envelopes provided or donate online at [cafod.org.uk](http://cafod.org.uk) - Gift Aid will add 25% to your donation at no extra cost to yourself.

Please give generously, your donations help CAFOD in their work helping those who are unable to feed their families in so many parts of the world and enable them to rebuild their lives in their home countries.

## Our Lady of Sorrows Car Park

Due to ongoing water ingress in the church, scaffolding will be in place for a number of weeks in order to undertake works and inspections of the church roof. This will further limit the number of parking spaces available to 16. If you are able to could parishioners please use the on-street parking or the Lyon Street car park which operates the 2 hour disc parking in order to leave the spaces available for the use of those with restricted mobility and disabilities.

## Parish Pantomime

We are delighted to announce that, after all expenses have been accounted for, the record sum of **£2,367.08** was raised for Parish funds. Raising money is not the principle reason for putting on our annual show, that remains, as it always has been, to draw people of all ages together from across the Parish for months of fun and laughter in rehearsal and, hopefully, to share that joy with our wonderful audiences who enjoyed the sight of, amongst others, Fr. Peter dressed in a skirt and being taken in hand by 'Miss Took' (Máire Wells)! (To quote Squire Trelawny and Dr. Livesy: 'You've got to feel sorry for him!'.) There was also a human parrot (welcome back, Jodie Heselton), Tony Lucas playing a man (whatever next?) and Jo Dickinson flirting outrageously with the serious Captain Smollet (Tjeerd Vonk). Every single person taking part was an absolute star! What a talented parish we are.

Thanks to everyone involved in the production but most of all thank you to everyone who filled the auditorium for each performance, you made all the difference: oh, yes you did!

Next year's show will be 'Jack and the Beanstalk.'

**The Anglican Bishop of Guildford, The Right Reverend Andrew Watson was recently diagnosed with pancreatic cancer and is now in the care of a local hospice team.** In a message to the Diocese of Guildford last week, Bishop Andrew said: "I don't fear the prospect of dying and find, to my relief, that my faith in 'the resurrection of the body and the life everlasting' has only grown stronger over the past few weeks. I've sometimes had private worries that, when faced with the starkness of a terminal diagnosis, my faith in the Risen Christ might falter. Well, it hasn't. Or better still, *God* hasn't faltered. Quite the reverse."

People across our diocese are encouraged to pray for Bishop Andrew, his wife, Beverley and their four children - as well as for the communities of the Diocese of Guildford as they keep vigil with their pastor, who has shepherded them since 2014.

## The Friends of Arundel Cathedral

Invite you to join them in the Cathedral Centre, London Road, Arundel, Saturday 14th March at 3pm (doors open at 2.30pm) for 'The Fascinating Story of the Only English Pope, Nicholas Breakspear, Pope Adrian IV. A talk by Adrian Waddingham CBE on what he changed and what he accomplished. Followed by refreshments. Tickets will be available at the door Friend members £10, Non-members £15 or book at <https://www.tickettailor.com/events/friendsofarundelcathedral>. Contact the Administrator Tel 01903 884567 Email: [aruncathedralfriends@btconnect.com](mailto:aruncathedralfriends@btconnect.com) for any queries.

## Thank you!

The Knights of St Columba have just sent over our 5th lorry to Ukraine of urgent supplies. Thank you to everyone who has made this possible.