



The Catholic Parish of Bognor Regis and Slindon

16th March 2025 - Second 'Transfiguration' Sunday of Lent- Year C

The Parish Team

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Please Note new email for Liz Bedford Parish Safeguarding Rep

The Parish Centre, Hislop Walk, Bognor Regis, West Sussex, PO21 1LP Tel: (01243) 823619
Email: bognor@abdiocese.org.uk Website: www.bognorcatholicparish.co.uk

Our Churches

Our Lady of Sorrows, Clarence Road, Bognor Regis, PO21 1JX
St Anthony of Viareggio, Gossamer Lane, Bognor Regis, PO21 3DD
St Richard of Chichester, Top Road, Slindon, BN18 0RG

Catholic Schools

St Mary's Catholic Primary School *Head of School Mrs Kathryn Cole B'Ed Hon NPQH*
Executive Headteacher: Mr Peter Edgington BA (Hons) NPQH
Glamis Street, Bognor Regis, West Sussex PO21 1DJ Tel: (01243) 822287 Email: office@stmarysbognor.co.uk
St Philip Howard Catholic School *Headteacher: Mr Tim Hulse*
Elm Grove South, Barnham, West Sussex PO22 0EN Tel: (01243) 552055 Email: office@sphcs.co.uk

May this Lent be an opportunity for us to become closer to God and to live out our faith

In today's first reading from Genesis, we hear how God enters into a Covenant with Abram, the man of faith, saying, "To your offspring I give this land, from the river of Egypt to the great river Euphrates. Do you enter into an agreement with God? What have you decided to do in Lent that will bring you closer to God?"

In the responsorial psalm the response is: "The Lord is my light and salvation." Do you believe this or do you find salvation in places where you do not grow and possibly want to hide in? In the second verse of the Psalm we hear a plea "O Lord, hear my voice when I call." Do you trust in the Lord to walk beside you? Do you listen to His still small voice of calm? The last two lines of this Psalm are "Wait for the Lord, be stout-hearted and wait for the Lord" - do we do that?

In the second reading we hear St Paul encouraging the Philippians "Brothers and sisters join in imitating me, and keep your eyes on those who walk according to the example you have in us. Later in this passage Paul tells us that our citizenship is in heaven! What encouragement this is for all of us! In Luke's Gospel we hear how Jesus took Peter, James and John with Him to go up the mountain to pray. They then heard a voice coming from the cloud saying "This is my Son, my Chosen One; listen to Him. This is current for us today. Do you find a quiet place where you can listen to what God is telling you or encouraging you?"

Margaret Fraher- Parish Leadership Team

Welcome to the Parish

If you are new to the parish or visiting on holiday please introduce yourself to one of the Welcomers in the church at the Saturday evening and Sunday Masses. They will be happy to help with introductions and any queries you may have. Parish registration forms are also available in the church or on the website.

Saturday 16th March		St David
St Richard's	9.30am	Ian Fleming RIP
OLOS	6pm	Leonore Cosgrove RIP
Sunday 16th		Second Sunday of Lent
OLOS	9am	Graham Weaver RIP Anniversary
OLOS	11am	People of the Parish
Monday 17th		St Patrick
OLOS	10am	Paddy McVeigh RIP
Tuesday 18th		
St Anthony's	9.30am	Vera Hanlon RIP
St Anthony's	6.30pm	Stations of the Cross
Wednesday 19th		St Joseph
OLOS	10am	Vincent McDaid RIP
St Richard's	11.30am	Stations of the Cross
Thursday 20th		
OLOS	11.30am	Funeral Service: Richard Green RIP
OLOS	7pm	Wellbeing of Veronica Cox
Friday 21st		
OLOS	11am	Deceased of the King & Brown Families
OLOS	11.30am	Stations of the Cross
Saturday 22nd		
St Richard's	9.30am	Dan Whitehouse RIP
OLOS	6pm	People of the Parish
Sunday 23rd		Third Sunday of Lent
OLOS	9am	Richard Craddock RIP Anniversary
OLOS	11am	Leonore Cosgrove RIP

Morning & Evening Prayer

Where possible Morning & Evening Prayer will be offered in the half hour before Weekday Masses in Our Lady of Sorrows.

Rosary - Lady Chapel Our Lady of Sorrows

Wednesdays after 10am Mass

Adoration and Rosary - St Richard's

Wednesdays during Lent 10.30am to 11.30am

Adoration - St Anthony's

Thursdays 11.30am to 12.30am

Adoration - Lady Chapel Our Lady of Sorrows

Resumes after Lent

Requiem in Aeternum



Your prayers are asked for all those who have died recently.

We also remember all whose anniversaries occur about this time:
Jack Fortin, Sheila Swanson, Kathleen Twine, Graham Weaver, Rosemary Ann Leslie, Derek Hogg, Alexander Gallagher, John Hennessy, Beatrice Meheux, Peter Meheux, Jane Henderson, Fr André Lecoeur, Kofti Clement Konamé, Christopher Nakyosi

Prayers For The Sick

Your prayers are asked for:

Hilary Ceppa, Frances Hind, Teresa Willcocks, Matthew McKay, Kath Stimpson, Lucia Elsom, Mo Moore, Janet Smith, Baby Elliott, Paula Rathke, John Cooper

At the end of each month, this list of friends and parishioners who are sick will be brought to the altar with the prayer intentions on the Prayer Board at OLS. The new month will begin a new list.

Sacrament of Reconciliation

Is available after weekday Masses at Our Lady of Sorrows and in the half hour before the Saturday Vigil and Sunday Masses. Or, by appointment.
 Tel: 01243 823619

Sacrament of the Sick

Please contact Fr David
 Tel 01243 823619

Forthcoming Funerals

Our Lady of Sorrows

Richard Green RIP

Thursday 20th March, 11.30am

Dorina Drinkall-Fernandes RIP

Tuesday 25th March, 10am

St Richard's, Slindon

Christopher Hull RIP

Friday 11th April, 10am

Please pass these details to anyone who might like to hear so that all who wish may gather to pray.

Masses in Polish

Saturday 6pm St Anthony's

Sunday 9am St Anthony's

4pm Our Lady of Sorrows

Deanery Reconciliation Service - Arundel Cathedral Wednesday 2nd April at 7pm

My Dear Brothers and Sisters – fellow Pilgrims in Hope!

In this Jubilee Year Pope Francis has called us to be people of hope, missionaries of hope, in a fragile and fractious world. We can be people of hope because we know that nothing can separate us from God's love (Romans 8.39). As a part of our celebration of this Jubilee Year Bishop Richard has asked to celebrate the Sacrament of Reconciliation in every deanery. This is a very generous gesture on his part: our shepherd comes to share with us God's mercy and love. I would like to invite you to join him, and the clergy and lay people from across our deanery, for a Service of Reconciliation at Arundel Cathedral on Wednesday April 2nd beginning at 7pm. This will be one of the highlights of the year in our deanery. Let us pray together, share our sorrow for our sins, experience the joy of forgiveness. The Bishop, as well as priests of the deanery, will be there to hear confessions. I know that for some people the Cathedral is not close at hand, but the journey there, which is a sort of Pilgrimage of Hope, will be worth the effort. Let us open ourselves, together, to the fire of God's mercy. The world needs saints, people on the way to holiness. With every person who takes seriously the call to holiness and acts on it, the world becomes a better, happier – more hopeful place. Some words from our Holy Father summon us to engage with this call to conversion:

"The sacrament of Reconciliation is not only a magnificent spiritual gift, but also a decisive, essential and fundamental step on our journey of faith. There, we allow the Lord to erase our sins, to heal our hearts, to raise us up, to embrace us and to reveal to us his tender and compassionate countenance. There is no better way to know God than to let him reconcile us to himself (cf. 2 Cor 5:20) and savour his forgiveness." (Spes Non Confundit n.23)

I do hope that you will be able to join us for this great sign of hope.

Fr Peter Newsam, Dean

The Lent Deanery Newsletter

Is now available on the Parish website. Printed copies are available in the churches for those unable to access the internet.

Lenten Soup Lunches

- **Our Lady of Sorrows Fridays at 12 noon** following Stations of the Cross at 11.30am. Monies raised will be in aid of CAFOD
- **St Richard's, Slindon Wednesdays at 12 noon** following Stations of the Cross at 11.30am. Monies raised will help 'Breakfasts for the Homeless' provided every Sunday at Our Lady of Sorrows.

Introduction to Christian Meditation

Meditation, also known as contemplative prayer, seeks God in silence and stillness beyond words and thoughts.

The Bognor Meditation Group (part of WCCM, World Community for Christian Meditation (<https://wccm.org/>) meets most Wednesdays at 7.30pm at 6 Victoria Drive (Friends Meeting House).

We are a friendly welcoming group and during Lent are holding a 6 week introduction to Christian Meditation, starting on Wednesday 12th March. Each session will last about 45 minutes, which includes a period of silent meditation. You are very welcome to join us for any or all of these sessions.

For more details call Frances and Bennie Pieters Tel 01243 262319.

Lenten Retreat Day - Wednesday 26th March

Bread of Heaven: a day of spiritual nourishment led by Roger Hagon at Sussex Heritage Centre, Arundel BN18 9QY. From 10am to 4pm. Cost: £15 to include refreshments and lunch of soup and bread. For more information visit www.sussexheritage.co.uk.

To book contact Maria by Email: info@sussexheritage.co.uk or Tel: 07413 267267

Confirmation 2025

Are interested in finding out what it means to be a confirmed Catholic, in deepening your faith and relationship with God?

If you can answer yes, or maybe, and are in Year 10 or above please contact the Parish Office for an application form. Forms should be completed and returned by 23rd March.

Second Collection this weekend - CAFOD Family Fast Day

Envelopes are available in the church, donations can also be made on the contactless machines in Our Lady or Sorrows, baskets, online at cafod.org.uk or Tel 0303 303 3030. You can also text CAFODLENT to 70085 to donate £10

Another Parish Live Simply Event

The CAFOD Together Group in conjunction with Tools with a Mission are collecting LAPTOPS to send to Africa. These must be in good working order and must be Windows 7 or above. You can either wipe the information yourselves or Tools with a Mission will professionally wipe them and supply you with a Certificate of Confirmation.

If you wish to receive this Certificate please label your laptop clearly with your name and email and a request for confirmation. Ensure your request is firmly attached to the laptop. Please deliver laptops to the Parish Centre after all Masses on the weekend of 29th/30th March. Queries: 07736814364



A couple in our parish aged 80 and 79, Colin and Gabrielle Thorpe have signed up for this. You can donate by visiting <https://walk.cafod.org.uk/fundraising/gabrielles-and-colins-big-walk>



Do you want to find out more about Christian belief in the context of our challenging lives and troubled times? Are you curious about what and why Christians believe what they do? Then maybe the Alpha course is for you.

Come and join our next course at Our Lady of Sorrows Parish Centre, Hislop Walk, Bognor Regis PO21 1LP (at the back of the church) on **Wednesday 23rd April at 7pm** for a simple meal, interesting film and a chance, in a convivial environment, to ask searching questions about faith. Everyone is welcome, whatever your experience of church. The evening is completely free of charge and there is no pressure to sign up for more. Simply come and see!

To book on the course, or for more details, e-mail Liz at alphabognor@gmail.com, phone the office or simply turn up!

Wheelbarrows wanted

St Philip Howard school's gardening club is in desperate need of a wheelbarrow (the old one has now rusted through!). If you have a barrow you no longer need please email dmcnamara@sphcs.co.uk and the school will come to you and collect it. Many thanks!

Diocesan Pilgrimage to Walsingham

Bishop Richard is leading a special Jubilee Year pilgrimage to Walsingham this summer (Friday 6th June to Sunday 8th June), with people across our community of faith invited to mark the 60th anniversary of our diocese and Pilgrims of Hope Jubilee Year.

Dating from around 1061, the Shrine of Our Lady at Walsingham was once one of the four principal Walsingham is a great Marian Shrine of the Incarnation and a place of pilgrimage for all who would rejoice with Mary at the great joy of the Annunciation. To find out more and book your place: abdiocese.churchsuite.com/events/ocoptzuo

St Anthony's Group Funds raised by St Anthony's Summer and Christmas Fayres will now be distributed to Nick Webber Trust £1,000; My Sisters House £250; Grandads Front Room £250; The Sanctuary Chichester £250 and Toilet Twinning for South Sudan and Tanzania £250. With many thanks to the generosity of all who came to these events