



# The Catholic Parish of Bognor Regis and Slindon

13th June 2021 - Eleventh Sunday - Year B

## The Parish Team

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**Email: [bognorcatholicparish@live.co.uk](mailto:bognorcatholicparish@live.co.uk) Website: [www.bognorcatholicparish.co.uk](http://www.bognorcatholicparish.co.uk)**

## Our Churches

Our Lady of Sorrows, Clarence Road, Bognor Regis, PO21 1JX  
St Anthony of Viareggio, Gossamer Lane, Bognor Regis, PO21 3DD  
St Richard of Chichester, Top Road, Slindon, BN18 0RG

*Mass is also celebrated in St Mary the Virgin (C of E), Church Lane, Barnham*

## Catholic Schools

St Mary's Catholic Primary School Headteacher: Mr Peter Edgington BA (Hons) NPQH  
Glamis Street, Bognor Regis, West Sussex PO21 1DJ  
Tel: (01243) 822287 Fax: (01243) 841588 Email: [office@st-marys-bognor.w-sussex.sch.uk](mailto:office@st-marys-bognor.w-sussex.sch.uk)  
St Philip Howard Catholic School Headteacher: Mr David Carter  
Elm Grove South, Barnham, West Sussex PO22 0EN  
Tel: (01243) 552055 Fax: (01243) 552900 Email: [office@st-philiphoward.w-sussex.sch.uk](mailto:office@st-philiphoward.w-sussex.sch.uk)

### ***'What shall we say the Kingdom of God is like?' (Mark 4:30 NIV)***

We are invited in the Gospel this weekend to think about what the Kingdom of God is like. Jesus uses a parable and compares it to a mustard seed. It is a great image for us to begin to understand what the Kingdom of God is like. We can think that it is some place elsewhere, but in actual fact, it is here and now. We live within the Kingdom of God. But how do we live within the Kingdom of God if it's not some physical place? By faith, by each day actively choosing to follow Jesus, to read the scriptures, to receive the sacraments, to pray, to love. Jesus says; *"What shall we say the kingdom of God is like, or what parable shall we use to describe it? It is like a mustard seed, which is the smallest of all seeds on earth. Yet when planted, it grows and becomes the largest of all garden plants, with such big branches that the birds can perch in its shade."* (Mark 4:30-32 NIV). We are called and invited to build the Kingdom, to bring others into that Kingdom too. It is our mission as disciples of Jesus to bring other to know Jesus too.

We have a great opportunity as we emerge from this time of restriction and isolation. There may be people who, during the pandemic, have had lots of questions about life or about faith. Maybe you know someone like this? How can you bring them to Jesus, the one who is the Way, the Truth and the Life? Why not invite them to Mass or to one of the groups in the Parish? The smallest of all seeds, with nurture and encouragement, has the potential to flourish. This is the same with our faith. So, let us take up our mission as disciples to build the Kingdom of God.

*Bethan Townsend - Parish Leadership Team*

<b>Saturday 12th June</b>	<b>The Immaculate Heart of Mary</b>
OLOS 10am	Patrick Claveria Birthday
OLOS 5.15pm	Maureen Forry RIP
<b>Sunday 13th June</b>	<b>Eleventh Sunday in Ordinary Time</b>
OLOS 8am	Intentions of the Priest
St Richard's 9am	Intentions of the Barlow Family
OLOS 10am	Roger Read Wellbeing
St Anthony's 11am	Intentions of the Priest
OLOS 6pm	People of the Parish
<b>Monday 14th June</b>	
St Mary's 9.30am	Priest's Intentions
OLOS 10am	Eric Rowland RIP
<b>Tuesday 15th June</b>	
St Anthony's 9.30am	Michael Collins RIP
OLOS 10am	Colleen Fleischman RIP
<b>Wednesday 16th June</b>	<b>St Richard of Chichester</b>
OLOS 9am	Marie Mitchell & Johanna Doyle RIP
<b>Thursday 17th June</b>	
OLOS 10am	Donal & Michelle Lundy Recently Married
<b>Friday 18th June</b>	
OLOS 10am	Florence Hickey RIP
<b>Saturday 19th June</b>	
OLOS 10am	Priest's Intentions
OLOS 5.15pm	Thanksgiving Patricia Hurcombe
<b>Sunday 20th June</b>	<b>Twelfth Sunday in Ordinary Timer</b>
OLOS 8am	Keith Simpson RIP
St Richard's 9am	People of the Parish
OLOS 10am	Elisa Pessa RIP
St Anthony's 11am	Patricia Hull RIP
OLOS 6pm	Priest's Intentions

### *Requiem in Aeternum*



Your prayers are asked for all those who have died recently.

We also remember all whose anniversaries occur about this time:-

**Colleen Fleischman, Caterina De Fonzo, Catherine Camman, Mai Forde, Eileen Bevan, Florrie Hickey, Henry Joseph Gallery, Michael Fitch**

### *Prayers For The Sick*

Your prayers are asked for

**Peter Bardin, Jane Hazelgrove, Brenda Cremen, Lyn Saunders, Tina Miles, Jo Oates, Peggy Lennon, Theresa Mulvaney, Richard Hazelgrove, Jo Cowie, Mary Gabrielle Gregory, Patrick Dwyer, Trish & Don Osborne, Sarah Crossley, John Carr, Arthur Wicks, Moira Deefholts, Susanne Tidmas-Cole, Michael Willcocks, Teresa Sweeney, Paris Stevens, Margaret Grace, Didi Verdiana Diaris**

*Please contact the Parish Office for anyone you wish to be included in our Prayers.*

### **Receiving the Sacraments at Home**

As COVID restrictions are eased if you or anyone you know are housebound and would like a visit from a priest please contact the Parish office. Those receiving Holy Communion at home before lockdown will be contacted separately.

### **Sacrament of Reconciliation**

Please contact Fr Chris or Fr Victor to make an appointment.

### **Adoration**

Fridays after 10am Mass in Our Lady of Sorrows until 2pm

### **Cemetery Mass - St Richard's**

On **Saturday 26th June** at **12 noon** there will be an outdoor Mass followed by Blessing of the Graves - no need to book.



### *Baptisms this Week*

*Our Lady of Sorrows  
Sunday 13th June, 10am Mass  
Lily Bailey*



## **Open air Mass and picnic: Sunday 4<sup>th</sup> July at 11am**

You and your family are invited to an open-air Mass in St Mary's school field, followed by a picnic and fun fair on **Sunday 4th July at 11am**.

**This is a brilliant opportunity to share your faith at a lively and fun church event, please do pick up an invite at the doors or download a copy on the parish website and invite others to join you.**

Mass will begin at 11am, and from 12 noon food vendors and the bouncy castle will be open. The field is a large open space so there is no need to book or RSVP, simply show up!

This Mass will be the only morning Mass being celebrated in the parish, it will also be accessible via the live-stream.

### **Easing of Covid-19 restrictions**

The Bishops have issued some guidance for parishes which reflects the latest easing of restrictions. Some specific details are below, but it's important first to thank everyone for continued vigilance and good practice (hands-face-space) so that our liturgical celebrations and pastoral ministry are welcoming and safe. People will come out of lockdown at different speeds, so let us be mindful of each other.

- With regard to the Liturgy, the Offertory Procession, the Prayer of the Faithful and the individual dialogue with each person at Holy Communion will return. Let's take this opportunity to renew our understanding of these elements and get back into good habits.
- Many thanks to all those who have set up Standing Orders and GiftAid declarations as a simple and reliable way to support the parish financially (please ask if you'd like details!), but there will be a basket available at the end of Mass for the collection for those who prefer this means. We'll be using the basket for Second Collections, too.
- Our Lady of Sorrows will be open each day for private prayer from after Mass until evening time, as before.

Can you help? We're very grateful to our teams of cleaners and Welcomers, but we'd always welcome more volunteers. Please let Fr Chris know how you'd like to help.

### **Day for Catechists - Saturday 25th September, Worth Abbey**

A gathering of Catechists from around the Diocese, to share our experiences and offer support and resources. The day ends with mass with Bishop Richard. To book contact [ruth.gerun@abdiocese.org.uk](mailto:ruth.gerun@abdiocese.org.uk)

### **BeCome - A New Group for Catholic Young Adults 18-35**

Launches this week using *Sycamore* materials as a starter for conversations, beginning with *The Search for Happiness*. The group will meet once a fortnight, on Mondays starting 14th June at 7pm on Zoom. To join the Diocesan wide community register [here](#) or contact [lizzie.wakeling@abdiocese.org.uk](mailto:lizzie.wakeling@abdiocese.org.uk) to find out more.

### **Grandparents' Pilgrimage to the Shrine at West Grinstead**

All Grandparents, or honorary grandparents, are invited to join Bishop Richard for our annual pilgrimage to West Grinstead on Wednesday, 7<sup>th</sup> July, from 10 am. This is always a lovely event. It is a day to meet other grandparents and share the joys and excitement of this wonderful vocation.

There will be opportunities for Mass, Adoration, Reconciliation, Stations of the Cross, Rosary, and a visit to the Secret Chapel (flat shoes advised). Packed lunch needed. Drinks provided [click here to book your free place](#)

## Helping our mental health and wellbeing

*Mindful of the impact of the virus and successive lockdowns on our mental health, each week, we'll be offering a simple tip to help support good mental health and wellbeing.*

Adapting to life's changes helps our energy to flow freely and to do what we want to do. Using the 3Rs and finding what works for you may help, here are some suggestions:-

- Resourcefulness - be proactive, no question is a silly question, put your mind to work, its a mindset!
- Resilience - practice being straightforward and assertive, take time to relax, find interests and hobbies, take time for your friends.
- Recovery - sleep quality is vital for wellbeing, perhaps think about volunteering or maybe spend time doing art or a creative activity.

## CAFOD

This year, the UK will host the 'COP26' climate talks in Glasgow in November. Many of the world's poorest countries are struggling to cope with the effects of climate change such as increased droughts, floods and cyclones. We need world leaders to put the poorest people at the heart of their talks and the UK has a critical role to play as host. Please sign our petition to the Prime Minister at [cafod.org.uk/reclaim](https://cafod.org.uk/reclaim). Groups from parishes across our diocese are also meeting their MPs locally, to let them know how strongly we feel as Catholics about protecting our earth and helping our sisters and brothers around the world. Further details can be found here: [Parliament in your Parish | CAFOD](#). Please consider holding a meeting with your MP too.

## Engaging Communities in Arun and Chichester

The Parish is delighted to be able to host a number of focus group meetings for *Voluntary Action Arun and Chichester*. VAAC is interested in hearing from European, Black, Asian, Minority and Ethnic groups and finding out about your experiences of living in the local area and accessing the services and organisations that you need. Three focus meetings will be offered on **Sat 26th Jun – 10am, 1pm, and 3pm – in the Parish Centre**. These focus groups hope to provide a safe space for conversation to explore local issues that matter to us, to explore the strengths and resilience of our community, and to explore ideas on what improvements we would like to see and how we can help bring them into being. Everyone is very welcome to attend these focus groups – to help us with an idea of numbers, please indicate your intention to attend by contacting Stephanie Mooney on 07518 596 698 or [Stephanie.Mooney@vaac.org.uk](mailto:Stephanie.Mooney@vaac.org.uk). Please also indicate if provision for a preferred language would help you participate in the focus groups. We look forward to seeing you!

## Celebrating baptism

Celebrating baptism is a joy for families, and for the parish family, and we're delighted to welcome families looking to celebrate this wonderful gift of God. To help parents wishing to have their children baptised, we regularly run preparation meetings. To register, please ring Angela on **07760 224302**.

## Right to Life

Carla Lockhart MP has launched a parliamentary motion calling on the Government to end 'DIY' home abortion. If 'DIY' home abortions become permanent, this will be a very big change to abortion provision that will likely lead to the loss of many more lives - and it is likely that this will have a strong negative impact on the physical and emotional health of women. It is therefore vital that as many MPs as possible sign Carla Lockhart's motion to send a clear message to the Government that they must end dangerous 'DIY' home abortion services as soon as possible.

Right To Life UK has launched an easy-to-use tool which makes it simple for you to send an email to your MP asking them to sign the motion. This tool can be accessed [here](#)