



The Catholic Parish of Bognor Regis and Slindon

11th July 2021 - Fifteenth Sunday - Year B

The Parish Team

Fr Chris Bergin - chris.bergin@abdiocese.org.uk - Fr Victor Onwukeme, msp - chikeb2010@yahoo.com
Fr Antoni Prosovicz (Polish Mission) - 07515 706746

Parish Administrator: Abby Leggatt - admin.bognor@abdiocese.org.uk
Parish Secretary: Caroline Battersby
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The Parish Centre, Hislop Walk, Bognor Regis, West Sussex, PO21 1LP Tel: (01243) 823619
Email: bognorcatholicparish@live.co.uk Website: www.bognorcatholicparish.co.uk

Our Churches

Our Lady of Sorrows, Clarence Road, Bognor Regis, PO21 1JX
St Anthony of Viareggio, Gossamer Lane, Bognor Regis, PO21 3DD
St Richard of Chichester, Top Road, Slindon, BN18 0RG

Mass is also celebrated in St Mary the Virgin (C of E), Church Lane, Barnham

Catholic Schools

St Mary's Catholic Primary School Headteacher: Mr Peter Edgington BA (Hons) NPQH
Glamis Street, Bognor Regis, West Sussex PO21 1DJ
Tel: (01243) 822287 Fax: (01243) 841588 Email: office@st-marys-bognor.w-sussex.sch.uk
St Philip Howard Catholic School Headteacher: Mr David Carter
Elm Grove South, Barnham, West Sussex PO22 0EN
Tel: (01243) 552055 Fax: (01243) 552900 Email: office@st-philiphoward.w-sussex.sch.uk

We are sent out

The L'Arche Community in Bognor are, in the coming week, going on our traditional annual week of pilgrimage. This has taken place every single year since the early years of community in Bognor (we need to ask one of our historians exactly how many years).

There are so many good reasons to keep this tradition going. It expresses something of who we are, it is fun, there are always funny stories of people getting lost, encounters with cows, as well as an opportunity to reflect more deeply in beautiful natural places.

Another reason for doing this is that we become visible in the wider community. This struck me last year as we wandered slowly through some very posh estates in the Aldwick/Pagham area of Bognor, singing a bit of ABBA, supporting people in wheelchairs, taking pictures of lovely flowers and making funny films of each other to share. In the past we have headed further afield but it felt important to be a group of friendly, often happy, diverse human beings, in the midst of a pandemic, still choosing to be us, right in the place where we live.

It isn't easy to organise a week of walking for 40-50 people, some of whom have rotas to organise, teams to manage, jobs to do in the house/garden and this year I seriously wondered if we should give it a miss. We are all to a man and woman exhausted! Maybe I am wrong but in consultation with the community, it seems as though there is something about this week that would be too much to lose. I wonder if alongside the fun, it is that sense of sending each other out, to meet people, even behind masks and socially distanced, to tell them about who we are, as diverse people trying hard to live Gospel values, beatitude values. One of the gifts that some members with learning disabilities have is the ability to warmly reach out, to say hello, to suspend judgement and to value the potential connection, more than be afraid of the awkwardness of that first encounter.

Martha Myers - L'Arche Bognor Regis

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| Saturday 10th July | |
| OLOS 10am | Sr Mary Peter RIP |
| OLOS 5.15pm | Archibald Meheux RIP |
| Sunday 11th July | |
| Fifteenth Sunday in Ordinary Time | |
| OLOS 8am | People of the Parish |
| St Richard's 9am | Intentions of the Priest |
| OLOS 10am | Deceased of the McNamara Family |
| St Anthony's 11am | Kathleen & John Eagle RIP |
| OLOS 6pm | Wellbeing of Denny Connolly |
| Monday 12th July | |
| St Mary's 9.30am | Julia & Ziggi Janiec Thanksgiving |
| OLOS 10am | Richard Deletant RIP Anniversary |
| Tuesday 13th July | |
| St Anthony's 9.30am | Intentions of the Priest |
| OLOS 10am | Deceased of the Allard Family |
| Wednesday 14th July | |
| OLOS 10am | Wellbeing of Ryan Laughlin |
| Thursday 15th July | |
| St Bonaventure, Bishop, Doctor | |
| OLOS 10am | Deceased of the Sobey Family |
| Friday 16th July | |
| OLOS 10am | Private Intention |
| Saturday 17th July | |
| OLOS 10am | Intentions of the Priest |
| OLOS 5.15pm | Jerome Pessa RIP |
| Sunday 18th July | |
| Sixteenth Sunday in Ordinary Time | |
| OLOS 8am | Deceased of the Keays Family |
| St Richard's 9am | People of the Parish |
| OLOS 10am | Eva Dunigan RIP |
| St Anthony's 11am | Intentions of the Priest |
| OLOS 6pm | Intentions of the Priest |

Requiem in Aeternum



Your prayers are asked for all those who have died recently.

We also remember all whose anniversaries occur about this time:-

Frederick Poole, Mia Sharpe, Bernard Pieters, Jagadoss Amaladoss, Derek Gould, Richard Munden, Roya Davis, Richard Deletant, Maureen Higgins, Edna Green, Hilda Darby, Arthur Hook, Ethel Heys, Brian Doncaster, Norton Hind, Frances O'Leary, Ellen Burnett, Georges Amin, Eric Chapman, George Mitchell, Sandra Jewell

Prayers For The Sick

Your prayers are asked for

Kathleen O'Gorman, Jenny Wood, Theresa McCaffie, Mary McGuire, Peter Bardin, Jane Hazelgrove, Brenda Cremmen, Lyn Saunders, Tina Miles, Jo Oates, Peggy Lennon, Theresa Mulvaney, Richard Hazelgrove, Jo Cowie, Mary Gabrielle Gregory, Patrick Dwyer, Trish & Don Osborne, Sarah Crossley, John Carr, Arthur Wicks, Moira Deefholts, Susanne Tidmas-Cole, Michael Willcocks, Teresa Sweeney, Paris Stevens, Margaret Grace

Please contact the Parish Office for anyone you wish to be included in our Prayers.

Receiving the Sacraments at Home

As COVID restrictions are eased if you or anyone you know are housebound and would like a visit from a priest please contact the Parish office. Those receiving Holy Communion at home before lockdown.

Sacrament of Reconciliation

Saturday 10.30 - 11am or by appointment.

Adoration

Fridays after 10am Mass in Our Lady of Sorrows until 2pm

Coming to Mass in Church?

Please use the online booking system on the Parish website. If you or anyone you know of does not have internet access, please call the parish office to book a place.

Congratulations and prayers!

Many congratulations to Amy, Ashley, Cerys, Ellena, Josh, Lola, Grace and Kamil, who celebrated the Sacrament of Confirmation last Saturday. Let's pray for these young people as they continue their journey of faith. Our thanks are due to their families for their (ongoing!) support and witness in faith, and also to Matt and Tracey Tymon, our catechists, for supporting and encouraging them as they prepared to celebrate this great gift of God.

Waste more time!

In a homily a few years ago, Pope Francis encouraged Catholics to discover the power of prayer before Jesus in the Blessed Sacrament. He said: *To waste time — if I may say it — before the Lord, before the mystery of Jesus Christ. To adore, there in the silence, in the silence of adoration. He is the Lord, and I adore Him.* He concluded that immersing oneself in adoration was the secret to knowing the Lord. You are invited to waste some time each Friday as the Blessed Sacrament is exposed for adoration and prayer between 10.30am and 2pm. Could you commit to an hour of prayer on a Friday? Perhaps weekly, or fortnightly? To get to know Jesus, to pray for the needs of the parish and the world? **Please contact Charles Yarham (07885 152876 or rooksfold@btinternet.com) who compiles a rota of Adorers so that we have two people in Church all the time – your gift of time will help others waste theirs.**

Carer Opportunity

A young man who lives at home with his mother, requires an experienced carer with good communication skills. We need someone kind, caring, patient, fun and sociable who will be a companion for daily care and activities, occasionally attending gigs, theatre, cinema etc.

Hours needed Tuesday and Wednesday 9am to 5pm and alternative weekends Saturday and Sunday 9am to 5pm. Please Tel 01243 681705

Day for Catechists - Saturday 25th September, Worth Abbey

A gathering of Catechists from around the Diocese, to share our experiences and offer support and resources. The day ends with mass with Bishop Richard. To book contact [click here](#) or contact ruth.gerun@abdiocese.org.uk

Dates for the Diary

Many congratulations to Canon Tony Churchill who celebrated his Golden Jubilee of Priesthood on Saturday 10th July. We'll have a chance to celebrate with Canon Tony, when he comes to celebrate the Patronal Feast of Our Lady of Sorrows on **Wed 15th September, 7pm**, followed by a reception in the Parish Centre.

Fr Victor will be leaving us on Monday 4th October, so his last Sunday in the parish will be **Sunday 3rd October**. There will be a reception in the Parish Centre at 12 noon, which will give us an opportunity to say thank you and farewell.

FINDING STILLNESS: The Open Cloister @ Worth Abbey

Tuesday 24th-Thursday 26th August 2021

Desert Wisdom: the power of thoughts - Online Day Retreat led by David Clayton & Michael Woodward. Saturday 24th July 2021. 10am-4:30pm, Evagrius (b.345) is honoured as 'one of the most important names': come & see why his teaching lives. . .

Finding Stillness - Tuesday 24th-Thursday 26th August 2021. An experimental hybrid retreat where you are invited to come and stay at Worth or join the retreat online.

For further information or to book your place online go to: www.worth.co.uk/retreats/online-retreats
Enquiries: toc@worth.org.uk

Helping our mental health and wellbeing

Mindful of the impact of the virus and successive lockdowns on our mental health, each week, we'll be offering a simple tip to help support good mental health and wellbeing.

If you think you're too small to make a difference, you've never spent a night with a mosquito. Everyone can make a difference. But perhaps be more compassionate than the mosquito is deciding what is the difference you will make.

Parish Welcomers

Very many thanks to all those who have volunteered so generously to serve the parish over the last year. In particular, to our team of Welcomers whom you have no doubt met as you have come to Mass. They are doing a great job, but as we head into the summer we need to add to our numbers in order that they can continue to serve the Parish. Is this something that you might consider doing?

Ideally the aim is to try to have volunteers serve at no more than one Mass - weekday or weekend - every week but what are the qualifications? A warm smile and the willingness to turn up 30 minutes before the start of Mass - not so hard! If you feel that you would be able to help please contact our coordinators, Mike & Miren O'Brien by email at michaelobrien27@sky.com or telephone 01243 936310.

Sunday 18th July 5pm, Prayer at the Memorial to Children Lost Before Birth, Arundel Catholic Cemetery, London Road, Arundel. There will be a short service to pray for and remember all babies lost before birth, for women and families affected and for an end to abortion. All welcome. Please come. As Pope Francis has reminded us "a human being is always sacred and inviolable, in any situation and at every stage of development."

Parliament in your Parish: A CAFOD Campaign

Two CAFOD members had a phone conversation with Nick Gibb during which the following topics were discussed:

- The reduction in Foreign Aid from 0.7% to 0.5% of GDP
- The commitment by the G7 to provide 1 billion doses of vaccine to the poorer nations when the WHO has stated that 11 billion are needed
- Debt cancellation for low income countries
- Support for developing countries for renewable energy projects
- The restoration of kelp forests off the Sussex coast

If you would like a copy of the discussion please email bognorcafodgroup@gmail.com Nick Gibb MP has agreed to a webinar/Zoom meeting in September prior to the COP26 conference

Many of the world's poorest countries are struggling to cope with the effects of climate change such as increased droughts, floods and cyclones. We need world leaders to put the poorest people at the heart of their talks and the UK has a critical role to play as host. Please sign CAFOD's petition to the Prime Minister at cafod.org.uk/reclaim.

The Catholic Certificate in Religious Studies (CCRS)

Is beginning again in our Diocese this September. The course is designed for teachers in Catholic schools, for Catechists and for anyone who would like to grow in understanding as they live their Catholic faith. The CCRS offers a very flexible and accessible way of learning, it includes some online content and is made up of eight modules: six core and two specialist modules. Each module involves ten hours of course time and an assignment. For more information or to register your place please contact our Formation Advisor Jon.Harman@abdiocese.org.uk

Sunday Virtual Coffee

Thank you to all who have joined us for the weekly Sunday virtual coffee mornings during this last year. It's been a great way to meet with fellow parishioners especially in lockdown. We will be bringing these gatherings to an end with our last gathering on **Sunday 25th July** via Zoom.